



Maritz  
HEALTHY YOU!

# Maritz Employee Assistance Program (EAP) ComPsych

January 1, 2024



# Maritz Employee Assistance Program

- **Confidential and voluntary support service to help you with life's challenges**
  - Provided at no cost to all Maritz employees
  - No enrollment required
- **Provided by ComPsych, through Lincoln Financial (our disability benefits provider)**
  - ComPsych refers to their EAP program as EmployeeConnect



# Maritz Employee Assistance Program

- **Nationwide network of licensed and experienced counselors**
  - Psychologists
  - Clinical social workers
  - Certified alcohol and drug counselors
  - Marriage, family, and child counselors
  - Located at offices near your home or work
- **Access to both online and in-person resources**
- **Available 24 hours a day, 7 days a week, 365 days a year**



# Maritz Employee Assistance Program

- **Access to information, resources, referrals on family matters**
  - Child and elder care - Kennels and pet care - Event and vacation planning - Moving and relocation - Car buying - College planning - and more
- **Legal information & referrals** for situations requiring experts in:
  - Family law - Estate planning - Landlord/tenant relations - Consumer and civil law - and more
  - Eligible for one free 30-minute in-person consultation per legal issue.
    - Additional legal assistance provided at a reduced fee.



# Maritz Employee Assistance Program

- **Guidance with financial matters**
    - Household budgeting - short and long-term planning
  - **Short-term Professional Counseling**
    - In-person sessions for personal and emotional situations
    - Eligible for up to five\* sessions with a counselor per person, per situation, per year and unlimited telephone counseling
      - \*In California, up to three sessions in six months
- Spouse and children living in your household are also eligible
- **Onsite Critical Incident Counseling**
    - Group sessions are available onsite if requested through the Maritz Benefits Department when counseling is needed following a critical incident that impacts a group of employees



# Maritz Employee Assistance Program

- **All calls and counseling sessions are confidential**
  - Except as required to notify law enforcement (e.g., a person's emotional condition is a threat, or there is suspected abuse of a minor child, and in some states, spousal or other abuse).
  - No one, including Maritz, will ever know that you have used the program unless you choose to tell them.
- **If referred to additional resources or providers outside of EAP program, costs would be your responsibility.**
  - In some cases, your medical plan may cover some of these services.



# Maritz Employee Assistance Program

- To receive EAP services call 1-888-628-4824 or go to [www.GuidanceResources.com](http://www.GuidanceResources.com), username: LFGSupport, password: LFGSupport1
- Still have questions? Contact the Maritz Benefits Department at [Benefits@Maritz.com](mailto:Benefits@Maritz.com) or 636.827.4088

